

Part V. Plan for Supports

Provider: Sunnybrook Residential Service: Residential

<u>Outcome # and Statement</u>	List the support activities for each desired outcome (Important TO and/or important FOR)	<u>Support Instructions</u> Describe how supports need to be tailored to the individual's preferences and profile.	How often or by when?	How Long?
3. Steve visits his family in order to see his mother and play with Bentley.	Having weekend visits	<ul style="list-style-type: none"> - Each Sunday morning remind Steve that today is the day he likes to visit his mother and Bentley - Ask him to gather items he might like to take along (he will know if he has a new toy for Bentley or a gift or card for his mother) - If he is having trouble locating the item in his room, remind him not worry and support him with looking for the item(s). If the item can't be found, let him know that he can bring it along next week. - Drive him to his mother's house arriving at 9am at 5223 River Road, Sunnybrook, VA 24009. This is about a 10 minute drive. - During the visit, remind Steve of things he's done that he might want to share with his mother. Try different ways of playing with Bentley and Steve (fetch, petting, taking a walk, etc). - Upon returning, record any new information you learn and any plans that Steve's mother shares about future visits, overnights or other family events. 	weekly	2 hours
4. Steve stays clean and looks nice in order to share his own style.	Following a Morning Routine	<ul style="list-style-type: none"> - Steve likes to wake to music on his clock radio at 7:00am (101.7fm) - Make sure that the clock is reset each morning after he gets up. - Steve uses the restroom and goes to the kitchen to make coffee. - He can find the supplies, but needs hand under hand support with measuring the coffee and pouring the water. - Steve likes to sit in the dining room where he can see the television and have his coffee. - Follow outcome 7 for preparing breakfast. - After breakfast, Steve brushes his teeth with hand under hand 	daily	2 hours

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

		<p>support and does not use mouthwash, which he tends to swallow. He can locate his toothbrush and toothpaste on his own.</p> <ul style="list-style-type: none"> - Show him where his clean clothes are in his top dresser drawer and the right side of his closet. - Follow outcome 10 for taking AM medications. - Record any new preferences in the support log. 		
<p>4. Steve stays clean and looks nice in order to share his own style.</p>	<p>Following an Evening Routine</p>	<ul style="list-style-type: none"> - Follow outcome 7 for preparing dinner. - Steve prefers a shower and will gather what he needs (towel, soap, shampoo) after dinner with a reminder. - He sets the water temperature himself by using the blue mark placed on the wall beside the shower handle. Make sure that he sets the temperature correctly. - Steve will shower on his own for 5 minutes. - After 5 minutes, knock on the door and enter the bathroom. Physically pour the correct amount of shampoo and apply to Steve's scalp. Ask him to scrub with his fingers. Assure that all residue is rinsed when he is finished. - Steve uses the restroom on his own, give him privacy when needed and remind him to close the door. - He has several pairs of sweatpants and light shorts in his middle dresser drawer that he wears to bed with a t-shirt. He will locate and choose what he likes on his own. - Follow outcome 10 for taking PM medications. - He's generally ready for bed after taking his medications. - Record any new preferences in the support log. 	<p>daily</p>	<p>1 hour</p>
<p>4. Steve stays clean and looks nice in order to share his own style.</p>	<p>Going shopping for clothing/other items</p>	<ul style="list-style-type: none"> - Once each week go with Steve to a local store or mall and look for clothes/items he is interested in purchasing. - Make sure that Steve has \$10.00 from the lockbox in his room. He keeps his key on a hook in the hall closet above his medications. He generally likes to keep a few dollars in his wallet. - Make sure that he has access to the money in his lockbox whenever he asks. - He loves sports themed clothing, sports magazines, and music. 	<p>weekly</p>	<p>4 hours</p>

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

		<ul style="list-style-type: none"> - When shopping for music, The Music Place at Sunnybrook Mall has headphones that make previewing music easy. Steve likes different types of music, but generally does not like classical music or music without lyrics. - Record events and new learning about Steve's preferences in the support log. 		
5. Steve goes out (to restaurants, local festivals and sporting events) with his friends to have fun and meet new people.	Choosing and inviting friends to preferred events	<ul style="list-style-type: none"> - Each Wednesday, discuss with Steve where he would like to go each week and whom he'd like to invite. - Using his address book, contact preferred friends and make plans for the dinner location and time to meet on Saturday. - Ask who he'd like to call first. - Point to the correct pages in the address book when he is having difficulty finding the people he wants to invite. - He will pick up the phone on his own. - Read the numbers slowly to Steve and give him time to locate them on the phone. - Remind Steve to "speak-up" so that the other person can hear him. - Assure that Steve expresses the time and location clearly and clarify with the person as needed (return the phone to Steve so that he can say good-bye). - Point to the phone so that Steve knows to hang-up after the call. - Steve likes to bring his calendar from the bedroom to the dining room so that names and locations can be listed. - In the support log, describe where Steve demonstrated success with making arrangements (using his address book to find numbers, dialing the numbers and speaking to others) and where increased support was needed. Include any new preferences or friends as well. 	weekly	2 hours
5. Steve goes out (to restaurants, local festivals and sporting events) with his friends to have fun and meet new	Attending preferred events	<ul style="list-style-type: none"> - Each Saturday, drive Steve to location identified on his calendar. - Remind him to greet others in a positive way. - When meeting new people model saying hello and sharing interests. - Ask Steve to share his interests too. - Assure that he fully participates in the event alongside others who are there. - If you notice signs that he is short of breath or holding his head (says his head hurts), take a break and watch him to see if he feels better within 30 minutes. If symptoms persist more than 30 minutes follow outcome 10 for responding in emergencies. 	weekly	2 hours

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

people.		<ul style="list-style-type: none"> - After the event, record where he went and how he participated. Include the names (and contact information if provided) of any new people that Steve enjoyed meeting. 		
6. Steve cleans and organizes his room so that he can find his belongings when he wants them.	Organizing his room	<ul style="list-style-type: none"> - Steve is focusing sorting and organizing his baseball cards into organizers. He purchases one container each month and has chosen to organize the cards by team. - Spend time sorting through his cards with him and organizing the correct cards by team. Ask him to arrange the cards in stacks by team and place the cards in the correct labeled organizer. - Record in the support log the number of cards organized. This is completed twice per week. 	weekly	4 hours
6. Steve cleans and organizes his room so that he can find his belongings when he wants them.	Room cleaning and laundry (skill-building)	<ul style="list-style-type: none"> - Ask Steve to collect clothes from the bedroom floor and floor of his closet. - Ask him to sort his dirty clothes into his sectioned hamper (by lights, darks and reds). - If he puts something in the wrong hamper ask him if it is "light, dark or red." - If he responds incorrectly, explain which one it is and gesture to the correct hamper. - Ask him to carry each bag to the laundry room to wash each load separately. - He needs hand under hand support with measuring the correct amount of detergent and fabric softener. - Talk him through the steps of setting the wash cycle and pressing the start button. - After each load is washed, ask him to move the clothes to the dryer and talk him through the steps of setting the dryer and pressing the start button. - Fold the clothes for him or place on hangers. - Walk with him to put clothes back in the correct drawers or closet in his room. - Remind him where things as kept as he puts them away. 	weekly	2 hours

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		<ul style="list-style-type: none"> - Record in the support log, Steve's ability to sort colors into the correct hampers. 		
<p>7.</p> <p>Steve plans and prepares meals based on his nutrition plan in order to be healthy and feel good.</p>	<p>Menu Planning</p> <p>(skill-building)</p>	<ul style="list-style-type: none"> - Get Steve's nutritional plan in his record. - Talk with Steve about the foods listed in his plan. - Ask him to name three foods he can have that meet plan guidelines in one of the following categories: Breakfast, Lunch, Dinner or Snacks. - If he picks foods from the "unhealthy choices" list, discuss other options that he might like instead. - Discuss what foods he'd like to include in his menu each week and prepare a shopping list based on his selections. Once complete, place the shopping list in the front of record. - Write his selections based on his shopping list for each of the following in a blank menu: Breakfast, Lunch, Dinner and Snacks. - Record in the support log, if Steve was able to identify 3 foods from the chosen category or if explanation was needed. Include any new foods or combinations he wants to try. 	weekly	2 hours
<p>7.</p> <p>Steve plans and prepares meals based on his nutrition plan in order to be healthy and feel good.</p>	Grocery shopping	<ul style="list-style-type: none"> - Take Steve grocery shopping each week to purchase items listed on his shopping list. - His shopping list is kept in the pocket in the front of his record. - Make sure he takes his grocery saver card with him, which he keeps in his nightstand. - Steve likes to push the cart, but sometime needs support guiding it from the front. - When items are chosen locate the best price to help him stay within his budget. - Make sure to purchase Health Sense Coffee (low-acid). - When you return remind Steve where items go and gesture as needed. - Record the total amount spent in the budget sheet in his record. - Open the hall closet so that he can get the key and return any monies to his lockbox. - Place receipts in the green folder in the back of his record. 	weekly	2 hours

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<p>7.</p> <p>Steve plans and prepares meals based on his nutrition plan in order to be healthy and feel good.</p>	<p>Preparing snacks and meals</p> <p>(skill-building)</p>	<ul style="list-style-type: none"> - After reviewing his menu, offer him a selection of items listed under the appropriate column (Breakfast, Lunch, Dinner or Snacks). - He can open most packages without support, give him the opportunity to try on his own. - Steve can open boxes easily, but bags take more effort. After he tries a few times to open a bag, show him how to open the bag using your hands. - Remind Steve to open the microwave door and give him a moment to do so on his own. If needed, physically open the door once he asks for help. - Set the time and temperature for Steve using a hand under hand approach, based on his selected food item. - When 'finished' buzzer sounds, DSP reminds Steve to use potholders to retrieve his food. - Give Steve time to press the door button himself. - Steve retrieves his food from the microwave and closes the door, with staff standing next to him ready to assist if the food tray is heavy. - Steve removes any additional wrappers or coverings on his cooked food and enjoys his meal. - He can remove items from the toaster himself. - In the support log, describe where Steve demonstrated success with opening bags/packages, handling containers and programming the microwave. Include any new approaches that helped Steve learn more effectively. - Note: on Monday, Wednesday and Fridays lunch is prepared and packed in the morning for Day Support. Pack items are included on his menu under the header "Pack Lunches." 	daily	3 hours
<p>8.</p> <p>Steve talks about his day in order to maintain a positive mood and have</p>	<p>Discussing the day's events</p>	<ul style="list-style-type: none"> - Each day, spend time listening to Steve share about his day. - He responds best when he has complete attention and quiet to talk. - Typically, just asking him how his day went will be sufficient to start the conversation. - It is important to let him know that while we can't fix everything, he is heard. - Finish the conversation by asking what he's looking forward to 	daily	30 minutes

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stable blood pressure.		tomorrow. Look at his calendar with him if needed to discuss the weeks coming events.		
8. Steve talks about his day in order to maintain a positive mood and have stable blood pressure.	Having behavioral supports related to mood and leaving home	<ul style="list-style-type: none"> - Follow Steve's Positive Behavioral Supports plan attached to this Plan for Supports. - Record events in the Safety Supports Checklist. 	daily overnights	Up to 28 hours per month
9. Steve enjoys something he prefers when plans are cancelled.	Having periodic supports	<ul style="list-style-type: none"> - When day support or family visits are cancelled, support Steve with choosing an alternate support activity in his plan for supports. - In the support log, record the timeframe, the activity he chooses and any progress as described in the alternate support instructions. 	as needed	Up to 46 hours per month
10. Steve is a healthy, safe and valued member of his community.	Having routine medical and dental care	<ul style="list-style-type: none"> - Steve sees his family doctor annually for a physical and as needed. - He sees his gastroenterologist quarterly. - Steve has dental visits once every six months. - All scheduled medical appointments are entered on Steve's calendar in his bed room. - Assure that his schedule is checked each week so that medical appointments are not missed. - Drive Steve to each appointment and support him by conveying any concerns (such as complaints of headaches, events involving shortness of breath and any dental pain). - Prior to each medical appointment, complete a Working and Not Working tool prior to each medical appointment that considers: medications, diet and healthcare routines. 	quarterly and as needed	Average 1 hour per week

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

10. Steve is a healthy, safe and valued member of his community.	Taking medications	<ul style="list-style-type: none"> - Unlock and retrieve medications from the hall closet. - Open medication packets and pour the dose into his palm. He will take and swallow the medication on his own with some water. - Assure that the dose and time are correct (AM or PM) as listed on his medication bubble pack. - If Steve is up at night with GERD, make sure he sits up after taking his PRN medication to reduce acid reflux. - Record each dose on the Medication Administration Chart and/or Safety Supports Checklist in his record. 	daily	30 minutes
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Individual: STEVE Date: 6/20/12

Representative: _____ Date: _____

Provider: Marshall Morgan Date: 6/20/12

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

General Schedule of Supports
Provider: Sunnybrook Residential
Service: Residential

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
8am to 10am #4 AM Routine #7 Breakfast #10 Medications 10am to 12pm #3 Visiting mother/Bentley 12pm to 1pm #7 Lunch 1pm to 3pm #6 Room Cleaning and Laundry [Video games] 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events [Watch movie] 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	6am to 9am #4 AM Routine #7 Breakfast #10 Medications #7 Lunch (Pack) [Day Support 9:00 - 2:30pm] 2:30pm-4:30pm #7 Menu Planning 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events [Watch Sports/ listen to music] 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	8am to 10am #4 AM Routine #7 Breakfast #10 Medications 10am to 12pm #6 Room organizing 12pm to 1pm #7 Lunch 1pm to 3pm #7 Grocery shopping 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	6am to 9am #4 AM Routine #7 Breakfast #10 Medications #7 Lunch (Pack) [Day Support 9:00 - 2:30pm] 2:30pm-4:30pm #5 Choosing and inviting friends to preferred events 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	8am to 10am #4 AM Routine #7 Breakfast #10 Medications 12pm to 1pm #7 Lunch 1pm to 5pm #4 Shopping trips for clothing/ other items [Watch Sports/ listen to music] 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	6am to 9am #4 AM Routine #7 Breakfast #10 Medications #7 Lunch (Pack) [Day Support 9:00 - 2:30pm] [Watch movie] 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety	8am to 10am #4 AM Routine #7 Breakfast #10 Medications 10am to 12pm #5 Attending preferred events 12pm to 1pm #7 Lunch 1pm to 3pm #6 Room organizing 5pm to 7pm #7 Dinner 7pm to 7:30pm #8 Discussing the day's events 9pm - 10:30pm #4 PM Routine #10 Medications Overnight #8 Overnight Safety
Total: 13	Total: 9	Total: 12	Total: 9	Total: 12	Total: 7	Total: 12
Comments: 1 hour per week added on Sundays to accommodate quarterly, annual and as needed medical appointments and 1 hour per night for Safety Supports.						
Total hours or units per week: 77			Total weekly periodic support hours: 11.5			

Support Checklist for :Steve Sample

ISP Dates: from 7-1-12 to 6-30-13

Month: July Year: 2012

Provider: Sunnybrook Residential

Service: Residential

Supports	when	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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Initials indicate that supports are provided as described in the support instructions in Part V of the current ISP.

Important TO and/or Important FOR																																	
10. AM Routine	Daily	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
10. PM Routine	Daily	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
7. Preparing Snacks/ Meals	Daily	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
8. Discussing Day's Events	Daily	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
10. Medication	Daily AM	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
10. Medication	Daily PM	SS	SE	SE	SE	SE	SE	SS	SS	SS																							
3. Visiting mother	Weekly	SS																															
4. Shopping trips	Weekly					SE																											
5. Inviting friends	Weekly				SE																												
5. Preferred events	Weekly	SS						SS																									

Key (The use of any code requires a log entry):

1

Initials = support provided,

Printed Name: Stephanie Klein Initials: SK Date: 6/25/12

Circled initials = support provided/notation in log,

Printed Name: Marshall Morgan Initials: MM Date: 6/25/12

C = chose not to participate,

A = individual not present,

I = incident O = other

Printed Name: _____ Initials: ____ Date: _____

VA ISP Checklist rev. 07/01/12

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

Support Checklist for :Steve Sample

ISP Dates: from 7-1-12 to 6-30-13

Month: July Year: 2012

Provider: Sunnybrook Residential

Service: Residential

Supports	when	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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Initials indicate that supports are provided as described in the support instructions in Part V of the current ISP.

6. Room organizing	Weekly							MM																								
6. Room cleaning and Laundry	Weekly	MM							MM																							
7. Menu planning	Weekly		OK																													
7. Grocery shopping	Weekly			OK																												
9. Periodic Supports	As needed																															

Note: Overnight safety supports recorded on Safety Supports Checklist.

Key (The use of any code requires a log entry):

Initials = support provided,

Circled initials = support provided/notation in log,

C = chose not to participate,

A = individual not present,

I = incident O = other

VA ISP Checklist rev. 07/01/12

Printed Name: Stephanie Klein Initials: SK Date: 6/25/12

Printed Name: Marshall Morgan Initials: MM Date: 6/25/12

Printed Name: _____ Initials: ____ Date: _____

2

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

Name: Steve Sample Medicaid No: XXXXXXXXXXXXX

Safety Supports Checklist

Outcome(s) addressed														
7. Steve plans and prepares meals based on his nutrition plan in order to be healthy and feel good. 8. Steve talks about his day in order to maintain a positive mood and have stable blood pressure.														
Day/Month/Year	7/2/12		7/3/12		7/4/12		7/5/12		7/6/12		7/7/12		7/8/12	
Safety Support Activities (See the PC ISP Part V: Plan for Supports for support instructions.)	Initials	hours	Initials	hours	Initials	hours	Initials	hours	Initials	hours	Initials	hours	Initials	hours
7. Overnight support for GERD	SK	0	MM	1	MM	0	MM	3	SK	0	SK	0.5	MM	0
8. Behavioral supports related to leaving home	SK	2	MM	0	MM	0	MM	0	SK	0	SK	0	MM	1
Total hours		2		1		0		3		0		0.5		1
DSP/Supporters Printed Name	Initials		Date		A signature page must be kept on site or in each record to correspond with all initials provided.									
Stephanie Kline	SK		7/2/12											
Marshall Morgan	MM		7/4/12											
Support Log (In addition to a weekly summary of all safety supports, note any unusual circumstances and related support.)														
7/2/12 - 1:30am to 3:30am - Steve was up more frequently tonight stating that he wanted to go home to see his mother. He went to the end of the driveway three times and agreed to come back in to sit down and talk. It helped to support him with making some warm milk and he said that was something his mother always did when he couldn't sleep. We discussed the fact that his mother lived too far away to walk and he was agreeable to give her a call tomorrow. Stephanie Kline 7/2/12														
7/5/12 - 12:15am to 3:15am - Steve was up frequently tonight complaining of having a sour stomach. Staff provided PRN medication for acid and spent time with him until we was ready to go back to bed. It was very helpful for him to sit up during this time to reduce his GERD symptoms. Marshall Morgan 7/5/12														
7/2/12 - 7/7/12 Summary – Steve continued to need overnight supports this week. We saw an increase in GERD on 7/5/12 as reported above. Two minor events occurred that were quickly resolved with PRN medication. Behavioral support has remained consistent and there was one incident when he wanted to leave in the middle of the night to see his mother on 7/2 and an hour on the 8 th in which he was upset because a housemate entered his room. Marshall Morgan 7/7/12														

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

Support Log	
Date	Details
7/7/12 Outcome #5	<p>Today, Steve attended the Blues Music and BBQ festival by the river with his friend Mike. He listened to several bands and met many new people. He was able to find healthy food options that fit with his nutritional plan and he was satisfied with the small BBQ sample that was provided for free from one of the vendors. There was one group, Blues Masters that he really enjoyed. They were selling CDs and Steve did not have enough to purchase one, which really upset him. After discussing the situation, Steve and I were able to meet with a band member, Gary, who gave us the website [www.zbluesmasters.net] where he can order a CD whenever he wants. Steve said he had a great time. In the future, remember to take folding chairs (instead of blanket for the ground) as Steve seemed more comfortable during the event.</p> <p><i>Marshall Morgan, 7/14/12</i></p>
7/8/12 Outcome #4	<p>Steve completed room cleaning and laundry today. He needed frequent gestures to separate the lights and darks, but was able to sort the reds without any reminders. He needed hand under hand support to measure the detergent. It seemed that the bottle of liquid detergent was too big for him manage pouring. It could be helpful if we could consider powdered detergent that has a measuring cup to make it more manageable.</p> <p><i>Marshall Morgan, 7/8/12</i></p>
7/9/12 Outcome #10	<p>Today Steve and I completed a Working/Not Working tool to prepare for his doctor's appointment this week. See the tool in the medical section of his record for details.</p> <p><i>Marshall Morgan, 7/9/12</i></p>

This Support Log contains the following types of notation:

- 1) Routine notes to meet Medicaid and Licensing requirements (including evidence of progress and person's response to supports),
- 2) Brief notes that describe new learning or when supports are not provided as agreed,
- 3) Notes that indicate documentation held in other locations (such as in Person-Centered Thinking tools).

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

Review ☒ 1st ☐ 2nd ☐ 3rd ☐ 4th From: 7-1-12 to 9-30-12 or ☐ Update Only – Date: _____

PROVIDER: Sunnybrook Residential SERVICE: Residential

Person-Centered Review

Instructions: include the full outcome as reflected on the shared plan or in a previous update in column. Note if the outcome includes skill building. 1. Include the start or end date for each outcome in column 2.

Describe progress toward each Outcome
(according to the Plan for Supports: Support Activities and Instructions)

Desired outcomes (Important TO and/or Important FOR)	Start or End Date	Describe what has been tried and learned since the last review. What are you pleased about and concerned about?	Describe what will be changed or improved and what will stay the same.
3. Steve visits his family in order to see his mother and play with Bentley.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Steve visited his mother Martha on 10 occasions this quarter. He made several homemade cards for her and attended church with her on three Sundays. We are pleased that he continues to have such a positive relationship with his mother. He also enjoyed seeing Bentley each week and took him several new toys that he picked out on weekly shopping trips. On July 22, Martha let us know that Bentley has been having recurrent kidney infections and that his health is not good. We are concerned with how Steve will be if Bentley passes away.	Steve is aware that Bentley has been sick, but we don't know how much he understands about the seriousness of Bentley's condition. Steve expressed interest in organizing his pictures of Bentley. In the coming quarter we will support Steve with preparing a Bentley scrapbook so that he can have something that reflects his relationship with Bentley and might assist with preparing for Bentley's passing. Steve will continue to visit his mother and Bentley every Sunday in the coming quarter.
4. Steve stays clean and looks nice in order to share his own style.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Steve continues to need support to look nice and shop for clothes that express his own style. He continues to need physical support shampooing his hair and follows his AM and PM routines which continue to work for him. He went shopping every week and purchased two new outfits during the quarter and he has been	In the coming quarter, we will continue to support Steve with his routines and with maintaining a list of items he'd like to buy.

This ISP belongs to: Steve Sample ID# 818 ISP Start: 7/1/12 End: 6/30/13 Revision: _____

Review ☒ 1st ☐ 2nd ☐ 3rd ☐ 4th From: 7-1-12 to 9-30-12 or ☐ Update Only – Date: _____

PROVIDER: Sunnybrook Residential SERVICE: Residential

		keeping a list of the things he'd like to buy when he has more money. We are concerned that he is not working yet, but are pleased that he now has a job coach and has completed one situational assessment with his supported employment provider.	
5. Steve goes to local festivals and sporting events with his friends to have fun and meet new people.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	During the past quarter Steve went to a variety of events. He met many new people and has exchanged contact information with two. He met Tim and Paul at a ballgame on August 8 th and hopes to meet up with them again to see the Hornets play before the season ends. He went to a Blues and BBQ festival in July and enjoyed dinner out at least once each week during the quarter. Steve consistently contacted his friends to attend dinners/events and had friends with him on 5 occasions. We are concerned that limiting this outcome to Saturday makes it difficult to always meet others.	In the coming quarter, we will look for opportunities during the week when he might be able to meet friends instead of only on Saturdays.
6. Steve cleans and organizes his room so that he can find his belongings when he wants them.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Steve has done a great job organizing his baseball cards. He now has three containers that are organized based on his favorite teams. He can find a card when he wants with little effort. Color coding the containers with the team colors has helped make it easier for him. He has consistently been able to separate red clothes for washing, but continues to need multiple gestures to sort lights and darks. We figured out that he had difficulty measuring liquid detergent because of the size of	We will continue supports related to this outcome next quarter, but will update the support activities from organizing baseball cards to focus on placing clothes in the hamper when they are removed and donating or throwing away worn out clothes.

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		the bottle and now use powdered detergent, which has a measuring scoop that is easier to for Steve to use.	
7. Steve plans and prepares meals based on his nutrition plan in order to be healthy and feel good.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Steve continues to follow his nutritional plan and develops his menu and goes grocery shopping each week. During the quarter, we learned that the coffee he was drinking was aggravating his GERD. He stopped drinking coffee for a week, but was increasingly frustrated and unhappy about not being able to have it each morning. After speaking with his nutritionist, we learned about Health Sense Brand coffee, which has a very low acid content. Steve now has this brand every morning and has not experienced GERD-related problems since switching brands.	Steve will continue to explore different foods that fit into his nutritional plan and continue drinking low-acid coffee. Since the low-acid coffee is a little more expensive, we hope that My Life day support continues to look for ways to support Steve's dog walking business. In the meantime, Steve's shopping list will be tailored to his available funds so that he can continue to afford his coffee.
8. Steve talks about his day in order to maintain a positive mood and have stable blood pressure.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Steve continued talking about his frustrations and the good things that happened each day. Typically he is troubled by others who touch/take his belongings or get into his personal space. He has been developing the ability to ask for space when he needs it by saying "Step back, please" and to move back himself to minimize conflict.	In the coming quarter, we will continue daily time with Steve so that he has the opportunity to share his frustrations, as well as the things that have made him happy.
9. Steve enjoys something he prefers when plans are cancelled.	7-1-12 <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Ended	Periodic supports were used once in September when a water leak closed his day support for two days. He chose to go to a matinee with a friend when this occurred.	Periodic supports will continue so that Steve can be supported when plans are cancelled.
10. Steve is a healthy, safe and	7-1-12 <input checked="" type="checkbox"/> Continued	Steve saw his gastroenterologist during the quarter on 7/12/12. We	We will continue to take Steve to routine medical

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valued member of his community.	<input type="checkbox"/> Ended	presented the working and not working tool during the appointment to explain concerns about Steve having increased issues at night with GERD. Dr. Lewis adjusted Steve's PM medication, which has decreased some of the concerns with night time acid. No other medical concerns or appointments occurred.	and dental care services and support him with taking his medications each morning and night before bed.
Additional desired outcomes (include full outcome)	Start Date	Describe the expected benefits of this change as Important TO or Important FOR the individual.	
12. Steve makes a scrapbook in order to share his relationship with Bentley with others.	10-15-12	Steve's relationship with Bentley is important TO him. Due to Bentley's failing health, we will support Steve with developing a scrapbook that collects his pictures and thoughts about Bentley. It is hoped that this will help Steve through the mourning process when Bentley passes away.	
Please describe any significant events not reported above: On 7/28/12, Steve's mother took him to a volunteer fire department benefit for lunch. He said he had a great time.			
Please describe any additional medical information including medical appointments, medication changes, physical complaints or other health issues: All medical information reported above.			
Please explain the reasons, in detail, this person continues to need high intensity supports (Day Support or Pre-vocational) and/or overnight safety supports (Residential) as indicated in the Plan for Supports, if applicable: Steve continues to need overnight support related to GERD and behavioral issues. He attempted to leave home on 6 occasions, was up an average of 3 nights per week with GERD. There has been some improvement at night with GERD since a medication adjustment, based on the past 60 days, he requires fewer hours of support at night. A new ISAR will be completed in the next week to reduce overnight hours by 25%.			
Describe the individual's satisfaction with supports: Steve states that he is very pleased with the support he receives at Sunnybrook. We make certain to discuss with his mother during weekly visits and she let us know that she "couldn't be happier" with the support her son receives here.			
Will this be followed by a service authorization request in IDOLS to reflect changes in support hours? <input checked="" type="checkbox"/> Yes, because hours are changing <input type="checkbox"/> Not needed: no change in support hours			

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*The individual/representative signature below is not required for completion, but is recommended and provides confirmation of their review.

Individual: _____ Date: _____

Representative: _____ Date: _____

Provider: _____ Marshall Morgan _____ Date: 9-30-12

Outcome changes approved by Support Coordinator:

<u>Melinda Grey</u>	<u>10/2/12</u>
Support Coordinator	Date

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